

How to Wear a Blue Sapphire (Neelam) – Complete Guide



Blue Sapphire, also known as Neelam, *Neela Pukhraj*, *Neelamani*, *Indraneel*, or *Indraneelam*, is one of the most intense and fast-acting gemstones in Vedic astrology. Ruled by the powerful planet Saturn (Shani), this stone is known for its ability to bring discipline, success, financial growth, and mental strength. However, Neelam isn't for everyone; it can have strong effects, both good and bad, depending on your horoscope.

In this complete guide, we'll take you through everything you need to know before wearing a Blue Sapphire: who should wear it, how to wear it correctly, precautions,

and how to maintain it. If you're planning to buy Neelam, this guide will help you make the right decision.

Who Should Wear Blue Sapphire?

Wearing a Neelam stone can bring great results, but only when it suits your birth chart. Here are the types of individuals who may benefit the most:

✓ People with Strong Saturn Placement

If Saturn is positioned well in your kundli, Blue Sapphire can help remove delays, improve clarity of thought, and promote financial and professional growth.

✓ Those Facing Shani Mahadasha or Sade Sati

If you're undergoing Shani Mahadasha or the seven-and-a-half-year Sade Sati phase, wearing Neelam may reduce hardships, delays, and emotional pressure.

✓ Professionals & Entrepreneurs

Blue Sapphire is especially helpful for people in demanding professions:

- **Business Owners & Investors** – Encourages smart financial moves and minimizes risk.
- **Judges & Lawyers** – Sharpens thinking and supports fair judgment.
- **Politicians & Officials** – Boosts influence and decision-making abilities.
- **Artists & Creatives** – Enhances focus and creative discipline.

✓ People Seeking Mental Focus

If you often feel distracted or emotionally unstable, Neelam may help bring mental balance and better focus.

✓ **Spiritual Seekers**

Neelam is believed to protect against negative energies and support spiritual awakening and deeper meditation.

How to Choose the Right Blue Sapphire

The power of Neelam depends on the quality and authenticity of the stone. Here's what to look for:

- **Natural & Untreated:** Only 100% natural and untreated Blue Sapphires are astrologically effective.
- **Preferred Origins:** The best Blue Sapphires come from Sri Lanka (Ceylon), Kashmir, and Burma. Among these, Ceylon Neelams are the most sought-after.
- **Clarity:** Pick stones with good transparency and minimal internal flaws or inclusions.
- **Color:** The ideal shade is deep royal or cornflower blue. Avoid stones that are overly dark or too pale.
- **Carat Weight:** It should be at least 1/12th of your body weight in carats (consult an astrologer for exact guidance).
- **Cut:** Oval, cushion, or round cuts are most effective. Avoid poorly cut stones.

- **Certification:** Always go for lab-certified Blue Sapphires from reliable sellers like **HTP Gemstones**.

How to Wear Blue Sapphire the Right Way

Because of its powerful link with Saturn, Neelam must be worn properly. Here's how:

✓ **Best Day and Time**

- **Day:** Saturday
- **Time:** During Saturn Hora or early morning (5:30–7:30 AM)
- **Moon Phase:** Preferably during Shukla Paksha (waxing moon)

✓ **Best Metal**

- **Preferred:** Silver (most compatible with Saturn)
- **Alternatives:** Panchdhatu or Gold
- **Avoid:** Copper

✓ **Purification Process**

- Mix raw cow milk, Ganga Jal (or clean water), honey, and tulsi leaves in a bowl.

- Soak the ring for 20–30 minutes.
- Rinse and dry it with a clean cloth.
- Recite the Saturn mantra 108 times before wearing:
 - “ॐ शं शनैश्चराय नमः” (*Om Sham Shanaischaraya Namah*)
- Wear it on the **middle finger** with a calm and clear mind.

Trial Period

Blue Sapphire is quick to act, often within **3 to 7 days**. Monitor how you feel:

- If things improve, keep wearing it.
- If you face unusual stress, bad dreams, or accidents, remove it and consult an astrologer.

Precautions Before and After Wearing

- **Get Astrological Advice:** Never wear Neelam without checking if Saturn is favorable in your chart.
- **Do a 3-Day Trial:** Keep the stone under your pillow or in your pocket for a few days before wearing it.
- **Avoid Damaged Stones:** Cracked or heavily flawed stones can cause harm.

- **Watch for Emotional Reactions:** If you feel sudden mood swings, anxiety, or fear, the stone might not be right for you.
- **Replace if Damaged:** If your Blue Sapphire breaks, it must be replaced with proper rituals.

Taking Care of Your Blue Sapphire

To keep your Neelam active and glowing, follow these simple care tips:

- **Clean Often:** Every 1–2 weeks with warm water, mild soap, and a soft brush.
- **Avoid Chemicals:** Remove before applying perfumes, lotions, or using cleaning agents.
- **Protect from Damage:** Don't wear it during heavy work or at the gym.
- **Store Carefully:** Keep it in a soft pouch or velvet box, away from other jewelry.
- **Re-energize:** Soak in cow's milk and Ganga Jal, and chant the Shani mantra before wearing again.

Myths & Misunderstandings About Blue Sapphire

Let's clear up some common myths:

- **Neelam works immediately for everyone** – False. Its impact depends on your horoscope.
- **Fake stones are safer** – Fake stones have no astrological value.
- **Only Capricorns and Aquarians can wear it** – Not true. It depends on the entire birth chart, not just the zodiac sign.
- **It brings bad luck first** – Only if it's not suitable for you. If it fits your chart, it will bring stability.
- **Darker stones are more powerful** – Not always. Quality, origin, and clarity matter more than how dark the stone is.

Why Buy from HTP Gemstones?

When buying something as significant as a Neelam stone, quality and trust are everything. At **HTP Gemstones**, you get:

- 100% **natural, untreated, and lab-certified** Blue Sapphires
- Stones sourced from **Sri Lanka, Kashmir, and Burma**
- A **Free Gemstone Recommendation** based on your kundli from experienced astrologers

- Support and guidance throughout your gemstone journey

Conclusion

Blue Sapphire is a powerful gemstone with the potential to change your life but only when worn with proper care and astrological guidance. If Saturn supports you, Neelam can bring wealth, clarity, and deep personal growth. Choose the right stone, follow the correct process, and always consult an expert before wearing it.

FAQ

Q1. How do I know if Neelam is right for me?

Get your birth chart reviewed by an astrologer. You can also use HTP Gemstones' Free Gemstone Recommendation service.

Q2. When will I start seeing results?

Usually within **30 to 60 days** sometimes sooner, depending on your planetary position.

Q3. Can I wear Neelam with other stones?

Avoid wearing it with **Pearl, Ruby, or Red Coral**, as these may clash with Saturn's energy.

Q4. What's the best time to wear Blue Sapphire?

On a Saturday, ideally during Shani Hora or in the early morning.